



Pune Football Club

Summer Camp 2015

IT'S TIME TO UP YOUR GAME!

Train With The Best

Camp Highlights

Over 40 hours of training including on-field & theory sessions

Watching a Pune FC game live

Introduction to functional & bodyweight training

Importance of diet & nutrition for footballers

Movie screening

Swimming pool sessions

Interactive discussions with I-League players

Video analysis sessions

FOR MORE INFO

Call +91 83903 00815 / +91 77670 34553 or write to soccerschools@punefc.com

www.punefc.com



Pune FC Summer Camp 2015

Key Information

Objective

To systematically improve your child's football skills with training provided by our faculty of AIFF/AFC licenced coaches

Eligibility

Boys from the age of 10 to 15 years

Duration & Dates

10 day residential / non-residential camp with 3 batches

- Batch 1: 1 – 10 May, 2015
- Batch 2: 12 – 21 May, 2015
- Batch 3: 23 May – 1 June, 2015

Venue

Symbiosis International University, Lavale, Mulshi Taluka, Pune 412 115

Fees

Residential: Rs 25,000 per child

Non-Residential: Rs 3000 per child

Fees can be paid by cheque, online via NEFT/RTGS or by cash:

- **Cash/Cheque** payments to be sent to Mr Vikas Atri, Pune Football Club, Peninsula Centre, Plot No 4, Galaxy Co-operative Housing Society, Off Dhole Patil Road, Pune 411 001. Landline 020 6606 3000 Mobile +91 83903 00815

Cheques to favour 'Pune Football Club Ltd'.

- **NEFT/RTGS** Transfers to:

Pune Football Club Ltd

Account No. 00392320002704 (Current Account)

IFSC: HDFC0000039

Bank & Branch Address: HDFC Bank, 9/2 Kalpataru Gardens, Boat Club Road, Pune 411 001

Note: If you are paying by NEFT/RTGS, please mail us the name of the player for whom the payment has been made and the date of transfer at soccerschools@punefc.com

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About the Training Program

Concept

Pune FC is proud to bring you a holistic and systematically designed training camp that is geared to produce intelligent and 'thinking footballers'.

Designed by the Leading Minds in Indian Football

The camp curriculum has been designed by Mr Ranjan Chowdhury, Director - Pune FC Academy, the pioneer of modern football coaching in India, and Mr Naushad Moosa, Chief Coach – Pune FC Academy, AFC A Licence Holder and former India player.

The summer camp has been conceptualised so that your child receives the same quality of coaching and holistic development that every Pune FC Academy football player receives.

Keeping football as the medium, the camp nurtures your child's love for football while equipping him with the skills and qualities needed to excel on the pitch and off it too.

Comprising over 40 hours of training on and off the pitch, players are given a comprehensive training kit, a training diary, complete nutrition, training from top-level coaches, match experience through competitions and 24X7 medical support.

All participants will also receive certificates from Pune FC.

Camp Outcomes

After the camp, you can expect your child to:

- Improve technical precision
- Acquire game intelligence
- Increase speed and agility
- Gain strength and power
- Improve flexibility and balance
- Develop mental toughness and a value for excellence

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About the Camp Venue

Symbiosis International University provides your child with state-of-the-art infrastructure equipped with best-in-class sports facilities while providing the ideal environment for football training. Besides excellent natural grass football grounds, the sprawling campus also houses an auditorium, a cafeteria, a guest house, areas for recreational activities, shopping, and a healthcare centre including a swimming pool.



Located among lush hills, Lavale offers a chance to coexist with nature as it stands over a valley surrounded by clouds and painted green in its best season. Powered by solar sources, its eco-friendly functioning provides a great setting for focused training far from the worries and hustle of the city. Designed to conserve natural resources, the Lavale campus incorporates a rain water harvesting project to conserve water and re-use it effectively for various purposes.

Getting There

The campus can be reached via a call cab or local auto from Pune train station or the airport. Lavale is approximately 17 km from Pune University and 25 km from Pune train station. Lavale is in the Mulshi district and city buses are available till the Pashan area.



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Registration Form

Please fill in ALL CAPS

1. Child's Name: _____
2. Child's Date of Birth: _____ / _____ / _____
DD MM YY
3. Blood Group: _____
4. Residential Address: _____

5. Dietary Preferences (Veg/Non-Veg): _____
6. School Attended: _____
7. Father's Name: _____
8. Father's Email: _____
9. Father's Mobile No: _____
10. Mother's Name: _____
11. Mother's Email: _____
12. Mother's Mobile No: _____
13. Any Medical Condition / Allergies: _____
14. Camp Participation: ☐ Residential ☐ Non-Residential
15. Is the camp participant a: ☐ Swimmer ☐ Non-Swimmer
16. Payment Mode: ☐ Cash ☐ Cheque ☐ NEFT/RTGS

----- For Office Use Only -----

Registration Amount Received: _____

Payment Particulars: _____

If you would like any more info or have any doubts/queries, feel free to write to us at soccerschools@punefc.com or call us on 83903 00815 / 77670 34553.

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